



# City of Coventry Swimming Club

(affiliated to ASA West Midland Region)

## Winter Open Meet 2017

### License 3

To be held Under ASA Laws and ASA Technical Rules

**On Saturday 2<sup>nd</sup> and Sunday 3<sup>rd</sup> December 2017**

The competition will be held in the 50m Pool at Coventry Sports and Leisure Centre, Fairfax Street, Coventry CV1 5RY and is open to swimmers in the following age groups (**Age at 3<sup>rd</sup> December 2017**):

|                                                    |                                                               |
|----------------------------------------------------|---------------------------------------------------------------|
| Girls: 9yrs                                        | 50m & 200m each stroke, 400 Free, 200m IM                     |
| Girls: 10yrs 11yrs 12yrs 13yrs<br>14yrs 15yrs/over | 50m, 100m and 200m each stroke<br>400m Free, 200m IM, 400m IM |
| Boys: 9yrs                                         | 50m & 200m each stroke, 400 Free 200m IM                      |
| Boys: 10yrs 11yrs 12yrs 13yrs<br>14yrs 15yrs/over  | 50m, 100m and 200m each stroke<br>400m Free, 200m IM, 400m IM |

## Programme of Events

### Saturday 2<sup>nd</sup> December 2017

#### Start Time 9.00 am

#### Session One

#### Warm up 8.00 am

|           |                              |
|-----------|------------------------------|
| Event 101 | Boys 400m Individual Medley  |
| Event 102 | Girls 400m Individual Medley |
| Event 103 | Boys 100m Freestyle          |
| Event 104 | Girls 100m Freestyle         |
| Event 105 | Boys 200m Backstroke         |
| Event 106 | Girls 200m Backstroke        |
| Event 107 | Boys 50m Butterfly           |
| Event 108 | Girls 50m Butterfly          |

#### Session Two

#### Start Time & Warm TBA

|           |                         |
|-----------|-------------------------|
| Event 201 | Boys 200m Freestyle     |
| Event 202 | Girls 200m Freestyle    |
| Event 203 | Boys 100m Butterfly     |
| Event 204 | Girls 100m Butterfly    |
| Event 205 | Boys 200m Breaststroke  |
| Event 206 | Girls 200m Breaststroke |
| Event 207 | Boys 50m Backstroke     |
| Event 208 | Girls 50m Backstroke    |

### Sunday 3<sup>rd</sup> December 2017

#### Start Time 9.00 am

#### Session Three

#### Warm up 8.00 am

|           |                         |
|-----------|-------------------------|
| Event 301 | Boys 400m Freestyle     |
| Event 302 | Girls 400m Freestyle    |
| Event 303 | Boys 100m Breaststroke  |
| Event 304 | Girls 100m Breaststroke |
| Event 305 | Boys 200m Butterfly     |
| Event 306 | Girls 200m Butterfly    |
| Event 307 | Boys 50m Freestyle      |
| Event 308 | Girls 50m Freestyle     |

#### Session Four

#### Start Time & Warm TBA

|           |                              |
|-----------|------------------------------|
| Event 401 | Boys 200m Individual Medley  |
| Event 402 | Girls 200m Individual Medley |
| Event 403 | Boys 100m Backstroke         |
| Event 404 | Girls 100m Backstroke        |
| Event 405 | Boys 50 Breaststroke         |
| Event 406 | Girls 50 Breaststroke        |

Entries can be made by using either the entry facility on our club website or for club entries the Sportsys entry file, which is also available for download on the website. An ASA identification number must be included for every swimmer.

Entry fee is £6.00 per event and the closing date for entries is the 12<sup>th</sup> November 2017. (Acceptances will be made on a "first come first served basis"). Entry may close early if demand dictates.

Poolside Passes cost £6 for one day, £10 for two days. This provides admission to the Poolside, a programme and Heat Starts List.

Remittances must be made for website entries online by pay pal or credit/debit card. For Sportsys club entries and Poolside Passes payment should be either by Bacs (Sort Code 20-23-55 Account 50287997 Ref DecMeet) or by cheque made payable to the City of Coventry Swimming Club and sent to:

Mrs Georgina Holtom  
27 Deronda Close  
Bedworth  
Warks CV12 8QY  
E-mail: [georgina.holtom@coventry-swimming.org.uk](mailto:georgina.holtom@coventry-swimming.org.uk)

Payment MUST be received by the closing date for the entry to be valid.

It would be appreciated if any withdrawals prior to the day of meet could be reported to the organizers by e-mail to [withdraw@coventry-swimming.org.uk](mailto:withdraw@coventry-swimming.org.uk)

**(No refunds for cancellation of entries will be made after the official closing date).**

The Organizers reserve the right to limit the number heats should circumstances dictate. The heats for each event will cover all age groups and competitors will swim in time seeded order, regardless of age.

**Events will be decided on a Declared Winner basis and awards will be made to:**

- 1 Three fastest swimmers in each event in each age group.
- 2 **Cash** award for Top Visiting Club

Submitted times **must** be shown for the events to be entered. **Submitted times MUST be personal best times (achieved in a 25m pool or converted accordingly)** no entry time should be **faster** than those shown below:

## *Qualifying Times*

*All entry times submitted should have been achieved in 25m Pool  
Higher Level Qualifying Times (Entry Times Should be No Faster Than)*

### *Boys*

### *Girls*

| 9       | 10     | 11     | 12      | 13     | 14     | 15/Ov  | EVENT            | 9       | 10      | 11      | 12      | 13     | 14      | 15/OV  |
|---------|--------|--------|---------|--------|--------|--------|------------------|---------|---------|---------|---------|--------|---------|--------|
| 33.1    | 31.1   | 29.6   | 27.9    | 26.6   | 25.6   | 24.8   | <b>50m Free</b>  | 33.5    | 31.4    | 30.0    | 28.6    | 27.9   | 27.5    | 27.1   |
| n/a     | 1.07.8 | 1.03.9 | 59.8    | 56.8   | 54.8   | 53.6   | <b>100m Free</b> | n/a     | 1.09.0  | 1.04.30 | 1.01.00 | 59.6   | 58.6    | 58.0   |
| 2.35.9  | 2.26.1 | 2.18.0 | 2.09.8  | 2.03.4 | 1.59.0 | 1.56.4 | <b>200m Free</b> | 2.36.7  | 2.26.5  | 2.18.4  | 2.11.0  | 2.07.6 | 2.05.9  | 2.04.4 |
| 5.28.10 | 5.07.2 | 4.47.7 | 4.31.7  | 4.19.5 | 4.11.6 | 4.05.8 | <b>400m Free</b> | 5.32.5  | 5.11.30 | 4.47.2  | 4.32.4  | 4.26.0 | 4.22.7  | 4.19.4 |
| 43.5    | 41.0   | 38.5   | 36.1    | 33.8   | 32.5   | 31.4   | <b>50m Brst</b>  | 43.7    | 41.0    | 38.5    | 36.4    | 35.20  | 34.5    | 34.0   |
| n/a     | 1.29.3 | 1.22.7 | 1.17.2  | 1.12.3 | 1.09.5 | 1.07.3 | <b>100m Brst</b> | n/a     | 1.29.6  | 1.22.5  | 1.18.0  | 1.15.1 | 1.13.0  | 1.12.4 |
| 3.22.5  | 3.10.6 | 2.57.4 | 2.46.6  | 2.36.7 | 2.30.2 | 2.26.1 | <b>200m Brst</b> | 3.22.6  | 3.10.2  | 2.56.9  | 2.47.2  | 2.41.1 | 2.37.7  | 2.36.3 |
| 37.10   | 34.9   | 32.8   | 31.1    | 29.3   | 28.10  | 27.1   | <b>50m Fly</b>   | 37.1    | 34.8    | 33.1    | 31.4    | 30.5   | 29.9    | 29.4   |
| n/a     | 1.19.6 | 1.12.5 | 1.07.6  | 1.03.6 | 1.00.8 | 58.8   | <b>100m Fly</b>  | n/a     | 1.19.3  | 1.12.6  | 1.08.2  | 1.06.2 | 1.04.6  | 1.04.1 |
| 3.04.6  | 2.54.0 | 2.38.3 | 2.28.8  | 2.20.5 | 2.14.6 | 2.09.1 | <b>200m Fly</b>  | 3.07.10 | 2.56.0  | 2.39.8  | 2.29.4  | 2.24.4 | 2.20.9  | 2.18.8 |
| 38.2    | 36.0   | 34.1   | 32.3    | 30.4   | 29.4   | 28.4   | <b>50m Back</b>  | 38.2    | 35.9    | 34.0    | 32.5    | 31.6   | 31.0    | 30.7   |
| n/a     | 1.18.3 | 1.12.3 | 1.08.0  | 1.04.1 | 1.01.4 | 59.5   | <b>100m Back</b> | n/a     | 1.18.1  | 1.12.3  | 1.08.2  | 1.06.2 | 1.05.1  | 1.04.1 |
| 2.54.4  | 2.44.0 | 2.33.8 | 2.25.0  | 2.17.2 | 2.11.7 | 2.08.1 | <b>200m Back</b> | 2.56.0  | 2.45.10 | 2.32.5  | 2.25.0  | 2.21.5 | 2.19.2  | 2.16.9 |
| 2.59.00 | 2.48.1 | 2.36.8 | 2.27.9  | 2.20.7 | 2.14.6 | 2.11.2 | <b>200m I.M</b>  | 2.58.8  | 2.47.4  | 2.36.3  | 2.28.2  | 2.24.7 | 2.22.1  | 2.20.5 |
| n/a     | 6.01.4 | 5.32.4 | 5.11.60 | 4.56.9 | 4.44.8 | 4.37.1 | <b>400m I.M.</b> | n/a     | 6.00.0  | 5.29.9  | 5.11.9  | 5.02.8 | 4.58.10 | 4.54.8 |

Accepted Entries, Pre-meet information including Gala timings and list of any rejections will appear on the club website approximately 14 days before meet is due to take place.  
[www.coventry-swimming.org.uk](http://www.coventry-swimming.org.uk)

For any additional information please contact:  
[georgina.holtom@coventry-swimming.org.uk](mailto:georgina.holtom@coventry-swimming.org.uk)

Without sufficient licensed ASA officials we will not be able to run this meet and will not be able to support requests for mentoring to which we are committed. We therefore request that any club submitting entries, if possible, provide us with e-mail addresses of any qualified officials, who may be willing to help. The contact for officials is:  
[avril.ementon@coventry-swimming.org.uk](mailto:avril.ementon@coventry-swimming.org.uk)



# City of Coventry Swimming Club

(affiliated to ASA West Midland Region)

## Winter Open Meet 2017

### License 3

To be held Under ASA Laws and ASA Technical Rules

On Saturday 2<sup>nd</sup> and Sunday 3<sup>rd</sup> December 2017

### APPLICATION FOR POOLSIDE PASS

|                                |                                  |                       |
|--------------------------------|----------------------------------|-----------------------|
| <b>Club:</b>                   |                                  |                       |
|                                |                                  |                       |
| <b>Number Required:</b>        |                                  | <b>1 day @ £6.00</b>  |
|                                |                                  | <b>2 day @ £10.00</b> |
| <b><u>Position in Club</u></b> | <b><u>Names of Applicant</u></b> |                       |
|                                |                                  |                       |
| <b>Coach:</b>                  |                                  |                       |
|                                |                                  |                       |
|                                |                                  |                       |
|                                |                                  |                       |
| <b>Team Manager:</b>           |                                  |                       |
|                                |                                  |                       |
|                                |                                  |                       |
|                                |                                  |                       |
| <b>Chaperone:</b>              |                                  |                       |
|                                |                                  |                       |
|                                |                                  |                       |
|                                |                                  |                       |
|                                |                                  |                       |

I confirm that the above listed applicants for Poolside Passes have been CRB checked and are currently registered with the ASA.

Signed:..... Club Secretary

Dated:.....